

# Oak Park Fundamental Learning Academy

Breakfast – Lunch – PM Snack Menu

MAY 2025

12 months to 23 months receive Vitamin D milk (Whole) – 2-12 years old receive 1% Milk – All grains are enriched wheat or whole grain wheat.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1. Cornflakes W/ Strawberries, Milk Spaghetti W/ Ground Beef, Garlic Bread, Green Beans, Orange Slices, Milk Rice Krispy Treat, Milk	2. Toasted English Muffin, Bacon, Peaches, Milk Creamy Chicken Noodle Soup, Ritz Crackers, Pears, Milk Sun Chips, 100% Cran-Raspberry Juice
5. Pancakes & Sausage, Banana, Milk Ground Beef Tacos, Beans, Rice, Lettuce, Tomatoes, Pineapples, Milk Animal Crackers, Milk	6. Frosted Flakes w/ Bananas Turkey Sloppy Joe, Wheat Bun, Mixed Veggies, Fruit Cocktail, Milk Baby Carrots W/ Ranch, 100% Grape Juice	7. Cinnamon Oatmeal, Mango, Milk Creamy Chicken Noodle Soup, Ritz Crackers, Pears, Milk Graham Crackers, 100% Apple Juice	8. Scrambled Eggs W/ Cheese, Toast, Peaches, Milk Ground Beef Meat Loaf, Sweet Peas, Mash Potatoes, Pineapples, Milk Raisins, 100% Grape Juice	9. Plain Bagel W/ Cream Cheese, Orange Juice Chicken Tenders, French Fries, Apple Slices, Milk Animal Crackers, 100% Cranberry Juice
12. Greek Yogurt W/ Granola & Honey, Milk Chili W/ Beans & Ground Turkey, Mixed Veggies, Oyster Crackers, Milk Goldfish Crackers, Apple Juice	13. Kix Cereal, Banana, Milk Baked Chicken, Garlic Buttered Penne Noodles, Mixed Veggies, Milk Watermelon Cubes, Cheese Squares	14. Grits & Chicken Sausage, Blueberries, Milk Ground Beef Nachos, Lettuce, Cheese, Tomato, Orange Slices, Milk Graham Crackers, Apple Slices, Milk	15. Honey Nut Cheerios W/ Strawberries, Milk Mac & Cheese, Broccoli, Peaches, Milk Turkey Sandwich, Apple Slice, Milk	16. Oatmeal, Banana, Milk Chicken Alfredo, Green Beans, Pears, Milk Cantaloupe Cubes, Milk
19. Pancakes & Sausage, Banana, Milk Quesadilla W/ Cheese, Lettuce & Tomato, Orange Slices, Milk Sun Butter & Jelly Sandwich, Milk	20. Oatmeal W/ Cinnamon, Banana, Milk Baked Chicken, Mac & Cheese, Broccoli, Seedless Grapes, Milk Teddy Grahams, Milk	21. Honey Nut Cheerios, Strawberries, Milk Spaghetti W/ Ground Beef, Garlic Bread, Green Beans, Orange Slices, Milk Ritz Cheese & Crackers, 100% Apple Juice	22. Scrambled Eggs, Turkey Bacon, Mango, Milk Turkey Subs, Baby Carrots, Blueberries, Milk Granola Bars, Milk	23. Kix Cereal, Blueberries, Milk Chicken & Broccoli Stir Fry W/ White Rice, Pineapples, Milk Tortilla Chips, 100% Grape Juice
26. Hash Browns, Orange Slices, Milk Chicken Tacos, W/ Cheese, Lettuce, Tomato, Seedless Grapes, Milk Apple Sauce, Milk	27. Sausage & Biscuit, Apple Slices, Milk Cheese Pizza, Garden Salad, Mango, Milk Ritz Crackers, 100% Grape Juice Cheese slices	28. Ham & Cheese Scrambled Eggs, Orange Slices, Milk Chicken Nuggets, Mashed Potatoes, Green Beans Strawberries, Milk Ham and Cheese Sandwich, Apple Slices, Milk	29. French Toast Sticks, Blueberries, Milk Baked Chicken, Mixed Greens Salad, Baby Carrots, Milk Red Seedless Grapes, Water	30. Oatmeal W/ Cinnamon, Bananas, Milk Chicken Salad, Ritz Crackers, Celery Sticks, Strawberries, Milk Sun Butter & Jelly Sandwich, Milk